On March 11, 2020, the World Health Organization (WHO) declared COVID-19 (Coronavirus disease 2019) a pandemic (who.int/zh/diseases/novel-coronavirus-2019). This was the first time in its history that the WHO declared a pandemic, a designation reserved for events of global concern that might require worldwide coordinated action (WHO, March 11, 2020).

The declaration of a pandemic means that the virus is spread worldwide, with the potential to impact every continent. While the virus may be new to people worldwide, it has been known for some time in Wuhan, China (chinadaily.com.cn). The WHO has been monitoring the situation and providing updates on the global impact of the virus (chinasubnet.com.cn).

The declaration of a pandemic has significant implications for governments and international organizations. It means that countries must prepare for a potential global outbreak. The WHO has been coordinating efforts with member states to ensure that they have the necessary resources to respond to the pandemic (WHO, 2020).

The WHO has been providing guidance to countries on how to prepare for and respond to the pandemic (who.int). This includes advice on how to prevent the spread of the virus, how to treat infected individuals, and how to respond to the economic and social impacts of the pandemic (who.int).

In conclusion, the WHO's declaration of a pandemic is a significant event that has global implications. It is a reminder of the need for international cooperation and coordination to address global health threats (who.int).

For more information, visit the WHO's website: who.int
COVID-19 does not affect pregnant women, according to a recent study by the Centers for Disease Control and Prevention (CDC). The study found that women with COVID-19 were more likely to have complications, such as preterm birth, pregnancy complications, and delivery-related complications. However, there is no evidence that COVID-19 causes congenital anomalies. The study also found that women who tested positive for COVID-19 were more likely to have a fever, cough, and shortness of breath. The study concluded that COVID-19 is a serious illness that can affect pregnant women, but it is not known whether it causes congenital anomalies.
 Corona virus 2020: Public Health and Community Guidelines

Public health authorities have recommended

- **Physical Distancing (social/physical distancing)**: Maintain a distance of 2 meters from other people, especially if you have symptoms, or are caring for someone who is sick.

- **Washing hands with soap and water**: Use soap and water regularly, and if soap and water are not available, use an alcohol-based hand sanitizer.

- **Avoiding close contact**: Avoid close contact with people who are sick, and stay home if you feel unwell.

- **Wearing masks**: Wear a mask in public places, especially when you cannot physically distance from others.

- **Cough etiquette**: When coughing or sneezing, cover your mouth and nose with a tissue or your elbow, and dispose of used tissues promptly.

- **Cleaning and disinfecting**: Regularly clean and disinfect frequently touched surfaces.

- **Seeking medical advice**: If you have symptoms of COVID-19, seek medical advice immediately.

- **Following guidelines**: Follow the guidelines provided by local authorities, including regular handwashing, mask-wearing, and physical distancing.

**WHO website (can be found on the WHO website)**

- Visit the WHO website for the latest updates and guidelines: [WHO website](https://www.who.int)

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**Note**: The recommendations are based on the latest scientific evidence and may evolve as more information becomes available. Always follow local guidelines and public health recommendations.
• The BBC (by the BBC) noted that people have been experiencing a range of symptoms with COVID-19, such as fatigue, cough, sore throat, loss of smell, or taste.

• The World Health Organization (WHO) advises that people who have been exposed to someone with COVID-19 should self-isolate for 14 days and monitor for symptoms.

• The government of India has advised people to maintain social distancing and use face masks in public places.

• The World Health Organization (WHO) has advised people to wash their hands frequently and use hand sanitizers.

• The government of India has advised people to avoid large gatherings and stay home as much as possible.

• The World Health Organization (WHO) has advised people to wear face masks in public places and practice social distancing.

• The government of India has advised people to stay home and work from home as much as possible.

• The World Health Organization (WHO) has advised people to avoid travel and use alternative modes of transportation such as telework and video conferencing.

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ରପ୍ରାରଟକିଆର ବ୍ୟକ୍ତିଗତ ଉପକରଣର ରକୌଣସି ���ିଆରସି ଉପରେ ଚକ୍ରପାତି ଗୁଡିକୁ ଆପଣଙ୍କେ ମାଇପାରେ ରକବଳ ସୁକ୍ଷିତ ଯନ୍ତ୍ରପାତି କୟାରମୋ ௨ିଃକ୍ଷତେ ଯନ୍ତ୍ରପାତିକୁ କୋଯିବ 

ରକବଳ ସୁକ୍ଷିତ ଯନ୍ତ୍ରପାତିକୁ କରିବ 

ଉତ୍ତରରେ, ବିଶ୍ୱର କିନ୍ତୁ ରନିଃସଂକ୍ରମକ ଯାନ କାଢ଼ିବ ନାହିଁ 

ଉପକେଣ ଗୁଡିକର କେଗୁଡ଼ିକର ରଧାଇପାରେ / ସୁପରା/ ନାହିଁ

ଉପକେଣ ଗୁଡ଼ ରଧାଇପାରେ 

ଉଚିତ ସମ୍ପୂର୍ଣ୍ଚ ଏହା କାଯଚୟ, ହୟାରଣ୍ଡଲ ହାଡଚ ଯଦି ତାରହରଲ ରହାଇପାରେ/ (direct sunlight can kill viruses) | ଏହି ବିଚାରରେ ଉପକେଣ ଗୁଡ଼ିକର ପପକେଣ ଯରବ ଅପସାେଣ ଇତୟାଦି

ଉପକେଣ ଗୁଡ଼ିକର ରଧାଇ ନାହିଁ 

ଉପକେଣ ଗୁଡ଼ିକର ରଧାଇ comed / ସାଫ / ରଧାଇ ଲାପଟ

ଦୃଢିତ ପ୍ରିମିଆ ଦୋଢଳ (PPE)

ଏହି ପ୍ରିମିଆ PPE ସୁଲିଙ୍ଗକର ଦୋଢଳର ଏ ଦ୍ୱିତୀୟ କୋଠା (ସ୍ଥଯିର ଦୋଢଳକରେ ବୃକ୍ଷ, ପାପ, ଧାୟିରାଖୁ ଭାବନା, ବୃକ୍ଷ ଦୋଢଳକରେ ରମନଙ୍କ କୋଠା) ଦ୍ୱିତୀୟ ପ୍ରିମିଆ ଦୋଢଳକର ପରି ମନର
Please click here for general guidance from the CDC (CDC) and the WHO (WHO) regarding mask usage.

If you have symptoms of COVID-19 or have been in close contact with someone who has, you should wear a mask. The CDC recommends using an N95 mask (or FFP2/FFP3) if you are a healthcare worker.

- For healthcare workers, the CDC recommends using N95 masks (recommended) during procedures.
- For close contact situations, you should wear a mask that covers your nose and mouth, such as a surgical mask or cloth face covering.

In general, you should wear a mask if:
- You have symptoms of COVID-19.
- You have been in close contact with someone who has COVID-19.
- You are in a healthcare setting.
- You are in a setting where you cannot physically distance from others.
- You are in a setting where there is a risk of spreading the virus to others.

If you have any questions about mask usage, please contact your healthcare provider or local health department.
• The data shows the supply of masks is below 70% in most places, which is insufficient to control the spread of COVID-19 due to the availability of isopropanol (greater than 60% ethanol or 70% isopropanol) and water.

• Water and masks should be used for handwashing, and masks should be properly disposed of.

• COVID-19 is a global pandemic, and the supply of masks is below the threshold set by CPJ and best practice standards.

COVID-19 is a worldwide pandemic, and the supply of masks is below the threshold set by CPJ and best practice standards. Water and masks should be used for handwashing, and masks should be properly disposed of.

COVID-19 is a global pandemic, and the supply of masks is below the threshold set by CPJ and best practice standards.

COVID-19 is a global pandemic, and the supply of masks is below the threshold set by CPJ and best practice standards. Water and masks should be used for handwashing, and masks should be properly disposed of.
• The COVID-19 myth buster has warned that the Electronic Frontier Foundation (EFF) has highlighted the need for vigilance regarding COVID-19 misinformation.

• The Guardian newspaper has warned that the BBC has highlighted the need for vigilance regarding COVID-19 misinformation.

• COVID-19 Trackers have been established by the WHO, the World Health Organization, and other organizations to provide current and accurate COVID-19 information.

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CPJ highlighted by CPJ: Cyprus, Ireland, and Pakistan; Israel and Iran; Cyprus, Reunion, and Ukraine; Israel, Brazil, Pakistan, Cyprus, Reunion, and Ukraine; Iraq and Hong Kong; and Yemen.

Additional highlights: A budget increase in Ukraine; and a budget decrease in Brazil.

A list of countries: 19, 20, 21.

A budget decrease: The 2019 budget saw a decrease in funding for journalism in Israel, Brazil, Pakistan, Cyprus, Reunion, and Ukraine.

A budget increase: The 2020 budget saw an increase in funding for journalism in Israel, Brazil, Pakistan, Cyprus, Reunion, and Ukraine.

A list of countries: 19, 20, 21.
COVID-19 has led to travel restrictions, making it necessary to check if your destination is open to new arrivals. The British Foreign and Commonwealth Office (British Foreign and Commonwealth Office), and the U.S. State Department (the U.S. State Department) have advised travel-related restrictions. Therefore, it is advisable to check your journey status and destination.

Travel to many countries has been affected by COVID-19, with restrictions varying from country to country. Some countries have closed their borders, while others have imposed quarantine measures on arrivals. It is important to check the latest travel advice and restrictions before planning your journey.

The French Affaires Etrangères (the French Affaires Etrangères) has also issued travel advice. Therefore, it is advisable to check your journey status and destination.

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- Airlines have canceled flights due to the COVID-19 pandemic. | COVID-19-related cancellations have affected many airlines |
- According to IATA, vast numbers of flights were canceled worldwide due to the COVID-19 pandemic. |
- Flights from Wuhan, China have been canceled. |
- Several airlines, including FlyBe, have been affected by strikes. |
- Beware of limited water and food availability in destinations such as Jordan, and elsewhere. |
- Be cautious about panic buying. |
- In numerous countries, there was a significant decrease in international passenger traffic. |
- Airports have been affected by COVID-19, with some airlines canceling flights. |
- The IATA has released guidelines for airlines to follow. |
- COVID-19 has affected many airlines around the world, according to IATA. |
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 никǧ ໇ସାଇଜମଣ୍ଟ ࣠ଗପାୟ ନିେନ୍ଟେ ଆପଣଙ୍କ ସ୍ୱାସ୍ଥ୍ୟ ସଂପୃକ୍ତ ନଜେ କେନ୍ଟୁ | ଯଦି ଆପଣ ଏକ ଉର୍ଚ୍ଛ୍ରସଂକ୍ରମଣ ହାବା ସ୍ଥାନରେ ରଫେିବା ରତରବ ନିଶ୍ଚିତ ଓବରେ ଆପଣଙ୍କ ଆତ୍ମ-ବିଚ୍ଛିନ୍ନ କେବାକୁ ପଡିବ | ଦୟାକେି ସେକାେପୋମେଚ ଯାଞ୍ଚ କେନ୍ଟୁ | COVID-19 ଓ ଧର୍ମରେ ସ୍ଥଥଳ ଓ ଚୁଁବା, ବାହୁ ଧର୍ମରେ ଲସୁବାଇ ବାହୁ ଧର୍ମ ଳାଇବ ଗରିକୁ ସମ୍ପୃକ୍ତ ସେକାେପୋମେଚ ପୋମେଚ ତାକେକୁ | ଯଦି ଆପଣ ରଯଉି ରଦେରେ ଅଛନ୍ତି, ସଂକ୍ରମଣ ହାବାଉପରିକେ କେିବାକୁ ପଡିବା ପାଇଫୁ 14 ଦିନ | ଆପଣ ସଂକ୍ରମିତ ଥିବାରବରଳ ଏହା କେବାକୁ ସମ୍ପ୍ରଦାୟେ ସୁେକ୍ଷା ରଦବାରେ ସାହାଯୟ କେବାକୁ | ଯଥା ସମ୍ଭବ ଆପଣଙ୍କ ରେ ଅନ୍ଯ ରଲାକଙ୍କଠାଘେ ଅତି କମ ମିଟେ ଦୂେରେ ହନ୍ତୁ | ସମ୍ଭବ ରହରଲ ଏକାକୀ ରୋଇବା ବ୍ଯବସ୍ତା କେନ୍ଟୁ |

**COVID-19 Symptoms (symptoms of COVID-19)**

- ଯଦି ଆପଣଙ୍କ ଲକ୍ଷଣ ଆେମ୍ଭ ରହବାଇ ଉପରିକେ କେନ୍ଟୁ | ଆପଣ ସଂକ୍ରମିତ ଥିବାରବରେ ଅନ୍ଯମାନଙ୍କୁ ସାହାଯୟ ମାଗନ୍ତୁ | ନିଜ ପାଇଫୁ ଆବେକ ସାମଗ୍ରୀ ପାଇବାକୁ ନିଯୁକ୍ତିଦାତା, ବନ୍ଧୁ ଏବଂ ପେବାଗଚଙ୍କୁ କୁହନ୍ତୁ ସାମଗ୍ରିଗୁଡିକ ଆପଣଙ୍କେ ଦ୍ୱାରେ ବାହାରେ ଛାଡିବାକୁ କୁହନ୍ତୁ |}

* ||
• ଯଦି ସଂଘର୍ଷକାଳ ଚିତି ଯାହା ବନ୍ଧି, ସଙ୍କେଟ ଦିନ ଭଳ 14 ଦିନଙ୍କ ପାଇଁ ଆବାସ କରନ୍ତି ବାଣ୍ଟନ୍ତି, ସମସ୍ତ ପାଇଁ 14 ଦିନେ ବିଚ୍ଛିନ୍ନତା ଅବଧି ପାଳନ ଉଚିତ ସମୟରେ ଏକ ସାବୁନ ଏବଂ ଗେମ ପାଣି ବୟବହାର କରାଇବ, ସାବେ ହାତର ମିଲିପାଇବ ସଂକ୍ରମଣ ସଂକ୍ରମାଣ ପାଇବା କରନ୍ତି ରହିବ ଛାଡ଼ିବ।

• ସାବ୍ୟ ଦେଶର ସେହାରୁ ଆତ୍ମବିଚ୍ଛିନ୍ନନ୍ତି କରିବାକୁ ସାରିକାର ଇବରୁ ଅଭ୍ୟାବାଧ ନେବାକୁ ଆବଶ୍ୟକ, ଯେପର୍ଯ୍ୟନ୍ତ ବିଚ୍ଛିନ୍ନତା ଅବସ୍ଥାରେ ଆପଣଙ୍କ ଲକ୍ଷଣ ଖରାପ ନହୁଏ।

• ସିପିରଜ ଏନାଇମାନ୍ତର ରସଫିଟ (Safety Kit) ସାମବାଦିକ ଏବଂ ସମବାଦ କକ୍ଷକ ଏବଂ ସମବାଦରୁ ସମବାଦ କକ୍ଷକ ଏବଂ ସମବାଦରୁ ଦିଜିଟାଲ (digital) ସମବାଦ ସୁଭାଷରୁ କାଟନ୍ତି ପ୍ରଦାନ କରିବା ଏବଂ ନିବଚାଚନ (civil unrest and elections) ଅନ୍ତର ଏବଂ ମାନସିକ ନିସମାର୍କ ଉତ୍ସାହ ଏବଂ ସେକ୍ଷା ସୂଚନା ପ୍ରଦାନ କରିବା କରାଥିବ।